





BREAKFAST SHOWS (WEEKDAYS) NATIONAL STATIONS

STATIONS	SURVEY	WEEKLY REACH	WEEKLY REACH	WEEKLY REACH
	PERIOD	'000s	'000s	'000s
Time period varies per station		Q4 2022	Q3 2023	Q4 2023
NATIONAL STATIONS - MON-FRI				
BBC Radio 1 - 07.00 - 10.30am*	Q			3922
BBC Radio 2 - 06.30 - 09.30am	Q	7136	6513	6562
BBC Radio 3 - 06.30 - 09.00am	Q	603	605	571
BBC Radio 4 - 06.00 - 09.00am	Q	6170	5550	5615
BBC Radio 5 live - 06.00 - 09.00am	Q	1608	1449	1453
Absolute Radio Network - 06.00 - 10.00am	Н	2179	2333	2246
Capital Network (UK) - 06.00 - 10.00am**	н		2484	2420
Classic FM - 06.00 - 09.00am	Q	1616	1615	1631
GB News Radio - 06.00 - 09.30am	Q	147	163	194
Greatest Hits Radio - 06.00 - 10.00am***	Н		2744	2830
Heart Network (UK) - 06.30 - 10.00am**	Н		3805	3994
Hits Radio - 06.00 - 10.00am	Н	455	608	469
KISS - 07.00 - 11.00am	Q	1041	1046	929
Magic - 06.00 - 10.00am	Q	1160	1112	1220
Planet Rock - 06.00 - 10.00am	Q	568	619	586
TalkRadio - 06.00 - 09.30am	Н	255	305	328
talkSPORT - 06.00 - 10.00am	Н	1144	1261	1243
Times Radio - 06.00 - 10.00am	Н	236	299	275
Virgin Radio Network - 06.30 - 10.00am	Н	830	876	890
Radio X Network (UK) - 06.30 - 10.00am	Н	1052	1192	1186

^{*} Changed schedule time

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^{**} Excludes Capital and Heart Scotland TSAs



BREAKFAST SHOWS (WEEKDAYS) LONDON STATIONS

Please note: the table below does not list national radio stations which are listened to in the London area						
STATIONS	SURVEY	WEEKLY REACH	WEEKLY REACH	WEEKLY REACH		
	PERIOD	'000s	'000s	'000s		
Time period varies per station		Q4 2022	Q3 2023	Q4 2023		
LONDON STATIONS - MON-FRI						
BBC Radio London - 07.00 - 10.00am	Q	147	176	150		
Capital London - 06.00 - 10.00am	Q	711	652	651		
Capital XTRA (London) - 06.30 - 10.00am	Q	211	275	216		
Gold London - 06.00 - 10.00am	Q	125	127	108		
Greatest Hits Radio (London) - 06.00 - 10.00am	Q	316	439	569		
Heart London - 06.30 - 10.00am	Q	628	731	883		
KISS (London) - 07.00 - 11.00am	Q	379	412	333		
LBC London - 07.00 - 10.00am	Q	827	744	824		
LBC News (London) - 07.00 - 10.00am	Q	143	162	164		
Magic (London) - 06.00 - 10.00am	Q	619	565	688		
Smooth Radio London - 06.00 - 10.00am	Q	305	377	413		
Radio X London - 06.30 - 10.00am	Q	186	238	234		